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FROM THE EDITOR

It Takes TWO

Picture this: Two frazzled moms are sitting in the front of a dark gray Suburban, trying very hard to sound professional during a conference call with a public relations and marketing team from Pampers, Proctor & Gamble, and Random House. The year was 2007, and my friend Cathy and I were putting the finishing touches on our book about raising twins (Twin Set: Moms of Multiples Share Survive and Thrive Secrets) and attempting to land a media tour sponsorship with Pampers. We'd hired a babysitter to watch our combined seven kids under the age of 6 inside of her house while we took this important call in her driveway. After we hung up, we both felt fake-ittill-you-make-it relief. Neither one of us was eager to get out of the SUV and enter her house, switching gears back into mom mode.

A couple weeks later, we got the deal. It was now time to get media trained to appear on national and regional television and radio in the summer of 2008 to promote advice from our book, while somehow "naturally" congratulating Brad Pitt and Angelina Jolie on the birth of their twins and mentioning new Pampers technology that was sure to make the lives of parents of twins a little easier. Cathy and I celebrated this milestone together over a phone call, with screaming kids in the background, just as we did after we worked for a year on our proposal, secured a literary agent, and landed a deal with Crown Publishing, a subsidiary of Random House. Every step of the way, this book was a labor of love, and juggling the making of it with raising our young kids was overwhelming. For about 18 months, I woke up every morning at 4

a.m. to write my chapters and pass my notes back to Cathy about hers. She was more of a night owl, working on her parts when her four boys were finally tucked in. We vowed that we wouldn't let the stress of this project impact our friendship. But it did—it brought us so much closer than I'd ever expected.

There is something so special about being part of a twosome to work through ups and downs together. Right now, I'm happily half of a professional dynamic duo with NI's publisher, Kaleigh Grover. If you're lucky enough to have this kind of partnership, you'll have a sounding board to keep things real, a buddy who pulls their weight while you keep pace, and a deep mutual respect for your unique perspectives, strengths, and weaknesses. It wasn't too hard to find inspiring Naples power couples to profile this month, such as our cover stars Bret and Amy Baier (see "Baier Necessities" on page 96). Though they are an influential Washington, D.C., A-List team, they are also devoted members of a bustling extended family that likes to eat, play, and chill out together in Naples as often as possible.

We packed this issue with several cool couples. Become acquainted with Pason and Renée Gaddis, who met back in college at Iowa State University and are very involved in the fabric of Naples (Insider, page 47). Get swept away by the adventures of real estate gurus Brenda and Rick Fioretti in our Travel Journal (page 78). And don't skip Favorite Things (page 176) featuring the hilarious Lisa Gregorisch Dempsey, a senior executive producer for Extra TV, and her beloved husband, Gary.

I hope you all have an optimistic February.



Christina Cush ccush@naplesillustrated.com









AND I MAY LAUGH A LOT, BUT WE ARE THE NAPLES TEAM TO BEAT!

MY DEAR FRIEND AND CO-AUTHOR CATHY AND I, MANY YEARS AGO, TRYING TO LOOK PROFESSIONAL AND NOT EXHAUSTED FOR BOOK PRESS PHOTOS

INSIDER

PROFILE

Cyclones in LOVE

Twenty-four years ago, during a fraternity and sorority mixer at Iowa State University, Pason Gaddis was smitten with his now wife of 21 years, Renée. Back then, Pason was studying business administration and working for the school newspaper, and Renée was attending design school.

After graduating, Pason says he wanted to "work in a growing market at a wonderful publisher," so he landed in Southwest Florida and is currently CEO and president of Florida Media Group, which owns *Florida Weekly*. Renée soon followed, leaving behind her family with five siblings to forge her own career path in the Naples area. She's been running her successful interior design business, Renée Gaddis Interiors, for several years.

Pason jokes that one hobby he has in common with his wife is work. Another is travel. "Normally, we travel around the world," he says. "This is one of the first years we haven't traveled internationally. We hope to get back to London once things normalize. We love, love, love, that city—the culture, the style, the architecture, the fashion."

In their spare time, the duo teamed up to renovate their 1920s home in Fort Myers. "It's an estate that was built for the Carnegie family and is one of the oldest homes in Southwest Florida," Pason says. "We just finished restoring it to its original grandeur but modernized it. We kept it nostalgic with heart pine wood floors and other details."

When they have a few minutes to catch up, Pason says their favorite restaurant is Angelina's in Bonita Springs. "It's locally owned. There's a piano player at the bar and a really large wine collection. We also enjoy The Bay House and its Cajun seafood with New Orleans influences."

For quick getaways, the Gaddises grab their two kids—an 18-year-old, college-bound daughter and a 13-year-old, athletic son—and hop on their boat, a center console Boston Whaler named *Headline*, to Useppa Island. Family time, however, isn't always carefree for the Gaddis gang. Their daughter has a

heart condition and has had a pacemaker implant since she was 2. "She's doing great and has a wonderful life," Pason says. "She's hoping to go into Renée's occupation when she graduates from college." Inspired by their daughter, Pason and Renée support the American Heart Association and



also were involved with building the Golisano Children's Hospital via the Lee Health Foundation.

Through life's ups and downs, the Gaddises have a true affection and respect for each other. "Renée would describe me as a busybody who can't sit still and is always doing things," Pason says. "And as a risk-taker and entrepreneurial." And how would he describe his wife? "She is artistic, nurturing, patient, thoughtful, and genuine. She's the best." —Christina Cush

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INSIDER

NAPLES NOTES

The Unofficial Mayor of OLD NAPLES

Mary Catherine White giggles a lot during a conversation, but don't assume that means she is not 100 percent serious about her real estate business, **Naples White House Realty**. It just reveals that she is bursting with happiness—because she gets to live and work in Old Naples. White first came to Naples on vacation to visit her brother in the 1980s and was enchanted by its tropical beauty and

low-key living. Fast-forward to 2000, when she and her husband, Gary, decided to make a big change, close her design business in St. Louis, Missouri, and try something new. "Why not Naples?" they thought.

"My husband is a natural salesman," White says, "so when he pinpointed Naples real estate as something for us to go into together, I was sure he'd be good at it, but I wasn't so sure I could sell anything."

Though she was unconfident, they rented an apartment in Bonita Springs, and White got her feet wet by helping her husband's clients and others decorate their homes. "That was in my blood and bones," White recalls. "I love houses, and the more I did, the more I followed my husband around, and pretty soon I was in real estate with him. And to my surprise, enjoying it thoroughly."





What does White love most about living in Old Naples? "It has been a blast from the beginning. Old Naples is so charming, specifically Seventh Avenue North, right where the Naples Beach Hotel is, and south to Aqualane Shores. Often times, people will say it's downtown. But now folks in Bonita Springs say downtown Naples is Mercato!"

White reports having a ton of business during COVID-19. "Naples inventory is so low," she says. "It wasn't even like this in 2005." When she has a successful business year, she rejoices because she can share it with others. "We are standing on the shoulders of others who have either trusted us or taught us when we were greener and I couldn't even stand to think about selling real estate." Philanthropically, she and her husband are committed to St. Matthew's House and used to be very involved with New Horizons. But her favorite way to spend her extra time and energy in town is to entertain her two daughters and five grandkids, based in Durham, North Carolina, and Nashville, Tennessee. —Christina Cush



THOSE AT THE STAR*MADE
STUDIO CREATE HAND-POURED
CANDLES TO SELL TO AREA BUSINESSES AND AT THE STAR STORE.

GIVING BACK

BASK IN CANDLELIGHT

Neapolitans know interior designer
Lisa Kahn as the force behind her
eponymous design studio as well as the
Finding Sanctuary blog and e-commerce site that sells home goods for
creating peaceful environs. She's also
the board president of the **STARability**Foundation and mother of 21-year-old
Chloe, who has developmental and
intellectual disabilities. The Naples
nonprofit foundation works to transform
the lives of individuals with disabilities by
providing social, vocational, and educational connections, and Chloe has been
enriched by its extracurricular programs.

STARability has been seeking ways to provide a diverse and steady income stream and opportunities for employment and vocational training for the 3O participants of its Trailblazer Academy and Junior Trailblazer Academy. In early

2019, it opened a home decor and art thrift store, STAR Store Upscale Resale & Stellar Art, in the Naples Design District. It also launched its STAR*Made Studio, which is making natural soy wax candles.

Kahn embraced the purpose behind STAR*Made Studio and developed two candles that are being sold exclusively through Finding Sanctuary. Kahn worked with a California essential oils expert to develop two scents: "Grounding," a combination of lavender, bergamot, sandalwood, and white sage, and "Soothing," a blend of lavender and vetiver.

Kahn says STARability provides life-enriching opportunities for disabled young adults after they age out of the local school system at 21. The candle-making enterprise was carefully



developed to accommodate the studio creators' wide range of capabilities. Plans call for expanding the line of "products with purpose" to other home items and collaborating with corporate partners to buy in bulk or create corporate-branded candles.

"When you're the parent of a child with intellectual and developmental disabilities, you wonder what their life path is like," Kahn says. "STARability provides resources for these families. It's been the best partnership ever." (shop. findingsanctuary.com) –Cathy Chestnut

ESCAPE

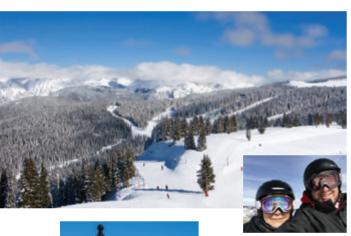
TRAVEL JOURNAL

Olympic ADVENTURES

Brenda and Rick Fioretti have Naples real estate coursing through their veins. The couple moved here from the Washington, D.C., area in 1999 and dove in to getting established on the Paradise Coast. Brenda is the managing broker for Berkshire Hathaway HomeServices Florida Realty on Fifth Avenue, and Rick is an associate broker with Berkshire Hathaway HomeServices Florida Realty in the Park Shore office. When they aren't hosting open houses or signing closing documents, they support the Sunshine Kids Organization, which brings fun and friendship to children fighting cancer, and the Naples Ballet, where Rick is treasurer of the board of trustees. To-

BRENDA AND RICK
FIORETTI AT DIVI
LITTLE BAY BEACH
RESORT, ST. MAARTEN

gether, though they love Naples' beaches and sunsets, the Fiorettis like to escape to expand their horizons. "We love to try different foods from different cultures wherever we go," says Brenda. "And of course, we love looking at homes and how people live in every environment. The more diverse the culture and the architecture the better." COVID-19 stopped them from visiting St. Maarten in July, but they have dreams of getting back there to linger in Philipsburg on the island's Dutch side and Marigot on the French side. —Christina Cush





CLOCKWISE FROM TOP: BEAVER CREEK RESORT IN COL-ORADO; BRENDA FIORETTI IN JAPAN; CHÂ-TEAU D'AMBOISE ON THE LOIRE RIVER; NAN-TUCKET.

NI: What kind of domestic travel looks interesting to you and why?

Brenda Fioretti: We love to ski and walk the charming small towns in Colorado's Vail Valley. A yearly ski trip to Beaver Creek in February is our next stop. We love the change in environment and the feeling of sitting by an open fire at the base of the mountain enjoying some wine or Irish coffee. Park City, Utah, is where we were married during the 2002 Olympics, so that holds a special place in our hearts. If charming is your goal, the Eastern Slope Inn in North Conway, New Hampshire, was another favorite of ours back when we lived in the Northeast.

Have you done any domestic or in-state travel during COVID-19?

We did travel to Massachusetts to join our friend who toured us all around Martha's Vineyard, Nantucket, and Cape Cod by private yacht.

Where have you been that you'd revisit?

We visited Japan in 2018, touring Tokyo, Osaka, and Kyoto. Kyoto with its traditional culture was particularly special.

What was a bucket-list trip?

A driving tour of France, as we were accompanied by very dear friends who traveled there frequently over two decades. They made it so special, guiding us to maximize our sightseeing experience.

We visited Paris, Provence, and the Loire Valley in the countryside. The châteaus in France are a must-see.

What's still on your bucket list?

American National Parks and the western states. We have mostly been East Coast travelers other than skiing out west. We'd like to see it without the cover of snow.

What's the best meal you've had on a trip?

Sushi in Kyoto at a restaurant named Uobay. We were in Kyoto for six days and ate there for three of them. We dream of their amazing sushi—the best we have ever had. Hooked, in Beaver Creek Village, is a close second if you love interesting fresh fish from around the world.

Where's the best shopping?

Definitely in Philipsburg, St. Maarten. For jewelry, Joe's Jewelry, Grand Jewelers, and Cigar Emporium, all on Front Street.

What are your top travel tips?

Start with Fodor's guides and use social media to ask for tips. I order paper maps for the areas we tour to help with time management and to remember details about the trip when we get home. If you go to Japan or France, the metro/train maps are a must-have. Finally, never go anywhere without good shoes that tie and that you can run and climb in. You don't want to know why.

The Samuel Decessities Dynamic duo Bretandamy Accessities

DYNAMIC DUO
BRET AND AMY
BAIER LEAD A
FAST-PACED LIFE
IN WASHINGTON,
D.C., BUT WHAT
SUITS THEM BEST
IS LOW-KEY FAMILY
TIME IN NAPLES

By Christina Cush Photography by Vanessa Rogers Gracefully teetering on her red-bottomed stilettos and dressed to the nines, Amy Baier effortlessly exudes stylish elegance, but the fashion aficionado is also a fitness buff who is equally at ease in a pair of sneakers and workout clothes. Amy is a multifaceted mother of two boys, Paul, age 13, and Daniel, age 10, who's been married to Fox News Chief Political Anchor Bret Baier for 16 years. She is immaculately groomed, yet, make no mistake, she's a resilient hockey mom who regularly gets Daniel to the ice rink fed, dressed, and ready to go for his crack-of-dawn practice.

"I'm a very hands-on sports mom," she says. "They play a lot of golf; Paul tries to play every day, and Daniel, three times a week, because he does travel hockey and basketball, as well. It's nonstop sports around here." Amy herself is an accomplished tennis player. "I was always competitive and athletic growing up. I was surrounded by boys and sports. It prepared me for my boys. They are simple and sweet. But that's why we got a pandemic girl dog, Coco Chanel, to balance out our household."

Although she may look like a glamazon, Amy has a composed, down-to-earth strength about her that she credits to being raised with three brothers, including her twin brother Danny. (Bret, too, has a younger brother, Tim, in Charlotte, North Carolina.) These roll-with-it characteristics serve her well as a life partner to Bret, whose profession is loaded with stress. Prior to his *NI* photo shoot and interview, Bret had just wrapped his election week coverage, which he did while crashing in a hotel near Fox News' New York City headquarters—and with a sharp pain shooting from his foot. "I was scootering around the hallways of the studios," he says, but he



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I bounced all over the country. ... I've covered everything from Elián González, to tornadoes, 14 hurricanes, and Timothy McVeigh."–Bret Baier

FOX NEWS channel

ABOVE: MASKED UP AND READY TO ROLL, BRET BAIER STRIDES DOWN THE FOX NEWS HALLWAY, ON HIS WAY TO A BROADCAST. RIGHT: BRET BAIER AND FOX NEWS CHANNEL ANCHOR MARTHA MACCALLUM LEAD THEIR NETWORK'S ELECTION NIGHT COVERAGE.

toughed it out. To take a breather after a long week, the Baiers packed up their sons and puppy, and flew down to Naples from D.C., where they have lived for 16 years, for a much-needed getaway.

Amy grew up in a Chicago suburb but frequently visited Naples to escape blustery Midwest winters. "When I met Bret, I introduced him to Naples, and he loved it so much that we eventually bought a condo here," she says. "I have so many fond memories of Naples as a kid, so it's fun to create memories here with our kids."

The Baiers' Naples pad is two buildings down from Amy's younger brother and four buildings down from her parents, Paul and Barbie Hills. Meanwhile, her twin brother has a residence in The Ritz-Carlton, Naples, and Bret's mom, Patricia, resides in Naples full-time, too. "We try to spend our holidays here in Naples," notes Amy. "We have a strong sense of family." Her parents are very involved in the local philanthropic scene, particularly with Hats in the Garden and the Naples Winter Wine Festival.

BAIER TRACKS

9/11 was an influential day, in different ways, for Amy and Bret Baier. When Amy graduated from Southern Methodist University with a degree in communications, she moved to New York City to be a media planner for Calvin Klein. "After 9/11, my lease soon ran out and I went back to Chicago to work in a neuroscience retail division at Eli Lilly. My family was in the health care business, so switching gears made sense."

Meanwhile, Bret, a former student athlete who played Division III golf at DePauw University in Indiana and double majored in English and political science, was moving through the ranks of small-market television broadcasting. "I bounced all over the country," he recalls.

"Hilton Head, South Carolina; Rockford, Illinois; Raleigh, North Carolina... I've covered everything from Elián González, to tornadoes, 14 hurricanes, and Timothy McVeigh."

For Bret, everything changed on 9/11. "I was living and working in Atlanta for a Fox affiliate, heading into the office. After the first tower was hit, they called us to be the backup to the New York broadcast. Then, I was called to drive to New York. Then, I was rerouted to D.C. after the Pentagon was hit. I was doing live reports outside the burning Pentagon, and I never left D.C. I started my stint in D.C. as the Fox national security correspondent about two weeks later, interviewing people like Defense Secretary Donald Rumsfeld."



When Amy was working in Chicago, Bret's best friend was dating her best friend—and those friends decided that Amy and Bret must meet, convinced that they'd hit it off. Bret and Amy, before locking eyes, weren't so sure. Amy had enjoyed getting settled back in Chicago and wasn't interested in long-distance dating someone on the East Coast. Bret was working constantly and didn't think he had time for a relationship. But fate tugged at them, so Bret asked Amy to fly to meet him in D.C. for a Rolling Stones concert and she agreed. "I had zero expectations," Amy recalls, "but I got back on the plane thinking I'd met someone very special. And when Bret dropped me off at the airport, he told his best friend, 'I am going to marry her.'" After two years of long-distance dating, marriage was in the picture, and a power couple was born.

BAIER FACTS

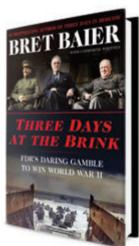
The Baiers spent a large part of the COVID-19 shutdown in Naples. The kids took their classes remotely,

Amy enjoyed long walks on the beach with them, and Bret had a studio installed in their condo that looks as good as the one he broadcasts from in D.C. The Baier boys started the school year back in D.C., and the four flew to Naples in late November to celebrate Thanksgiving with their extended family. Prior to this Naples trip,

Bret and the family attended his father William's funeral on September 12. On October 9, Paul had an angioplasty, preparing for his third open-heart surgery on December 3. In the middle of all this, Amy and Bret celebrated their sixteenth anniversary, and oh yes, there was the presidential election.

Preparing for an election news cycle is intense for the anchor and executive editor





FROM TOP: BRET BAIER WORKS FROM HIS AT-HOME NEWS STUDIO; HIS FIRST BOOK, SPECIAL HEART, AND THE THIRD BOOK IN HIS THREE DAYS SERIES.

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He never stops. He doesn't just do his 6 p.m. show. ... He is really gifted, you see it."-Amy Baier

of *Special Report with Bret Baier*. On Election Day, Bret was on set for 11 hours straight, powered by caffeine and adrenaline. Though he admits by day three of election week, "it started to feel like *Groundhog Day*." By then, he was broadcasting for two hours in the morning, then two hours at night. He says he has a "great team, despite social media getting upset at our decision desk calls. We are where we are. It's been a little surreal covering it all."

Bret credits his mom for instilling a strong work ethic in him, having led by her own example. It's competitive to get to his level, and he never forgets how it was in the early days. "I was bartending, delivering food, and working as a reporter. I'd knock on a door with a delivery, and they'd say, 'Wait, are you the reporter on channel six?' and I'd say, 'Did you order the calzone?'"

Amy marvels at his ability to grind. "He never stops. He doesn't just do his 6 p.m. show; he does other people's shows. He is really gifted, you see it."

Bret's workdays start early. "To stay sharp, I read news online and four papers at the house," he says. "Then I make calls. Having covered Washington, the Rolodex is large. I reach out to Democrats and Republicans and get great insight from them. It comes with experience, learning to sift through the noise. That's my job, to cut through the noise as best as I can for the viewers."

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2020 was a challenging year for a lot of families, and our family is no different." –BRET BAIER

hangs out with Amy and the boys at night, he'll pour a glass of red wine and spend a couple hours on the computer. "I have a great co-author, and we pass stuff back and forth. We have our process down now, after having done a few books together. But you have to be disciplined."

Not one to rest on his professional laurels, Bret has already landed some incredible interviews: President George W. Bush, President Barack Obama, and President Donald Trump. On his wish list are Queen Elizabeth and Pope Francis. "We're trying to get the incoming President, so hopefully, that will come through soon," he adds.





CLOCKWISE FROM TOP: THE BAIERS DRESSED TO IMPRESS; BRET AND DANIEL AFTER A BEACH WORKOUT IN NAPLES; PAUL AND DANIEL WITH THEIR ROOGIE BOADDS

After a year like 2020, those in the news business are under more pressure than ever to siphon through the facts. "We live in a polarized society," Bret says. "Social media is a bigger part of our lives, but there is lots of bad info swimming around. Sometimes, my job on the anchor desk is like being a hockey goalie. I'm trying to stop bad pucks from getting through. We need to be checking and double-checking things to make sure that you know it's true. Also, if you make a mistake, own it right away and don't let your pride get in the way of being a true journalist. It is so important now. It is very hard to provide both sides in a news show or in a paper. Our job is to have you walk away feeling like, 'I have a good sense of what's happening in the world.'"

His role models? "Brit Hume was my mentor. I watched Peter Jennings. Tim Russert, I aspire to be like him in some ways. He was one of the best interviewers. The best put on the breaks and follow up, then go down a road they didn't know they were going on."

In addition to broadcasting excellence, Bret pursues literary goals. "I have a fourth book in the pike," he notes. Through his *Three Days* series, he takes deep dives into history, pondering why certain events are important to us now. "I'm addicted to history," Bret jokes. After he

BAIER PACK

Despite Bret's success and Amy's glamour, their family is not immune to struggles—big ones. Paul was born with five congenital heart defects, which have required multiple angioplasties and a few open-heart surgeries over the years. "2020 was a challenging year for a lot of families, and our family is no different," Bret says in a follow-up interview with *NI*. "In early December, Paul had his fourth openheart surgery. We anxiously, breathlessly waited for any news during the 10-hour surgery. We were updated throughout, but Paul's surgeon said it was one of the

most complex surgeries he's performed. The doctors and nurses at Children's National did amazing work. Paul recovered fast, getting out of the hospital in just eight days."

There is no underestimating how important Children's National Hospital in Washington, D.C., is to the Baiers. Amy stepped up to serve as chair of the foundation board for the past two years and has been a board member for 13 years. She spends at least 20 hours a week helping the foundation raise money. In April 2020, she was supposed to launch a \$500-million campaign, but COVID-19 had other plans. This year, she's co-hosting an event with Bret on February 13 at The Ritz-Carlton, Naples, to raise money for Children's National. The power pair recruited some of Fox News' all-stars to appear on a panel to discuss life as insiders in Washington, D.C. (allstarpanelevent.com).

The Baiers both say, repeatedly, that they are blessed, despite the serious health issues that their son bravely faces with his deep faith. "We hope it will be Paul's last open-heart surgery," says Bret optimistically. "Paul has a warrior mindset, 'Let's rip the Band-Aid off so I can get back to golf in the spring.' But he's said before, 'Why is this happening to me and not any of my friends?' And that's a tough question. Our answer is, 'God has a plan for you, and you're passing it with flying colors.' We don't know where we are going to go. So, we keep driving." Reflecting on the lessons of the pandemic, he concludes, "If COVID-19 taught us anything, it's that spending family time is the most important thing." $\mbox{\ensuremath{\mbox{\ensuremath{\mbox{\mb$



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FAVORITE THINGS



Lisa Gregorisch Dempsey and her husband, Gary, have been married for 30 years this March but have been living in Naples for only two of them. This dynamic duo met in Denver in January 1990, when Lisa was working as an executive news producer; Gary was a police officer in charge of the gang unit, and she arrived on the scene to report a story. Sparks flew between the two big personalities, and marriage followed one year later. They lived the majority of their married life together in Calabasas, California, not too far from the Kardashians. In the Los Angeles area, Lisa shifted from hard news to entertainment news and is now the senior executive producer at Extra TV and works regularly with Billy Bush and other famous faces. Gary segued from a career in law enforcement to running human resources for Lexus/Toyota, but he recently retired. "He's the happiest retired person you'll ever meet," Lisa says. If you are on Instagram, you may already be following @lisagregorischdempsey and glimpsing the Naples newbies in action at home. Lisa's schtick is to use her smartphone camera to catch Gary in the act of doing something very routine in the house, and somehow, he is always surprised. Their



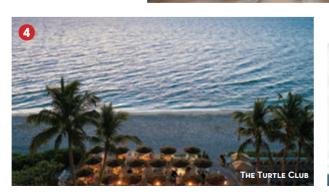
banter is relatable comic gold. Lisa has been loving working remotely from Naples and plans on doing it for the long-term. Meanwhile, Gary bought a fourseater plane, which was a dream come true. Below, the Dempseys' top spots to...



- 2. Purchase aroceries: Seed to Table. Fresh Market. Trader Joe's, and Publix
- **3. Play sports:** Gary golfs and Lisa bikes, but they haven't "surrendered to pickleball yet."
 - 4. Put their feet in the sand: The Turtle Club or the "aesthetically pleasing" Wiggins Pass or Bonita Beach
 - **5. Be pampered:** Lisa loves blowouts at Sola Salon Studios and changed her look at Fabulous Hair Extensions in Fort Myers.
 - Quail West and hitting the club gym
 - 7. Grab lunch: Nemo's or Doug's Seafood







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